

## Getting Serious about Moving the Needle on Physician Burnout

### Faculty



#### RICK A. SHEFF, MD

Dr. Sheff is CMO with The Greeley Company. He brings more than 25 years of healthcare management and leadership experience to his work with physicians, hospitals, and healthcare organizations nationwide.



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Dr. Wenneker is a Principal with The Chartis Group and leader of the Chartis Behavioral Health Service Line segment and supports physician alignment engagements through his leadership in the Chartis Physician Leadership Institute.

### Agenda - subject to change

#### Day 1

|                     |   |
|---------------------|---|
| 10 - 10:05 AM       | <b>Welcome and Introduction</b>   |
| 10:05 - 10:35 AM    | <b>Education Session</b><br><b>The Physician Burnout Epidemic</b> - What do we mean by burnout? - How big is the problem? - Why does it matter? - How has the COVID-19 pandemic impacted physician burnout?   |
| 10:35 - 11:25 AM    | <b>Education Session</b><br><b>Applying the Medical Model: Diagnosing the Root Causes of Physician Burnout</b> - What's changed to drive the epidemic of physician burnout? - Does physician brain chemistry matter for burnout? Yes! Now what? - The "Dis-Integration of Healthcare" and Its Impact on Physician Burnout - The Role of "Moral Injury" in Physician Burnout - What can the science of happiness teach us about physician burnout? - When conflict is high and trust is low, physician burnout is sure to follow. Does it have to be this way? |
| 11:25 - 11:35 AM    | <b>Break</b>  |
| 11:35 AM - 12:15 PM | <b>Education Session</b><br><b>Applying the Medical Model: Diagnosing the Root Causes of Physician Burnout (continued)</b>  |
| 12:15 - 12:45 PM    | <b>Education Session</b><br><b>From Diagnosis to Treatment: Getting to Work on the Root Causes of Burnout: What will it take to move the needle on physician burnout?</b> - How to Establish Institutional Awareness and Commitment - Finding the Lost "Why?"   |
| 12:45 - 1 PM        | <b>Answering Questions from Participants</b>  |

#### Day 2

|                     |   |
|---------------------|---|
| 10 - 11:25 AM       | <b>Education Session</b><br><b>From Diagnosis to Treatment: Getting to Work on the Root Causes of Burnout: What will it take to move the needle on physician burnout? (continued from day one)</b> - Enhancing Integration and Connectedness Is Harder than It Looks, but No Solution Will Work without It - How to Stop Doing Stupid Stuff - Rethinking the EMR - How to Help Physicians Rediscover the Joy of Medicine - Enhancing Resilience - Addressing the Second Victim - Establishing Early Detection and Support - Implementing Intensive Intervention |
| 11:25 - 11:35 AM    | <b>Break</b>  |
| 11:35 AM - 12:35 PM | <b>Education Session</b><br><b>From Diagnosis to Treatment: Getting to Work on the Root Causes of Burnout (continued)</b>   |
| 12:35 - 12:50 PM    | <b>Answering Questions from Participants</b>  |
| 12:50 - 1 PM        | <b>What will you do differently?</b>  |